



From left back: Dr. Teddy Atik; Dr. Gary Pess; Dr. Gregory Fedorcik.  
From left front: Dr. George Gabuzda, Dr. Raymond Decker Jr.

## Gary M. Pess, MD, FACS, FAAOS

In practice at Central Jersey Hand Surgery for 29 years, Dr. Pess specializes in minimally invasive hand, wrist and elbow procedures. A renowned expert and pioneer in the treatment of Dupuytren's contracture with needle aponeurotomy and Xiaflex®, Dr. Pess has lectured nationally and internationally on both procedures. He also co-invented a minimally invasive trigger finger release knife. "I initially try to restore function to a patient's hand non-surgically and then, if necessary, utilize the latest minimally invasive surgical techniques," he says. "This allows patients to return to normal function more quickly."

Dr. Pess, who works with colleagues Drs. Raymond Decker, George Gabuzda, Teddy Atik and Gregory Fedorcik, treats patients who travel to New Jersey from the eastern United States and Canada. Since 1990, his practice has successfully performed more than 20,000 carpal tunnel releases, using endoscopic techniques.

He is board certified in orthopedic surgery and received the prestigious added qualifications in hand surgery. He is a clinical senior instructor in orthopedic surgery at Drexel University College of Medicine, a member of the American Society for Surgery of the Hand and a fellow of both the American Academy of Orthopaedic Surgeons and the American College of Surgeons.

Dr. Pess' philosophy is to provide personalized care and treat patients like family members. "Seeing the look of amazement when a patient views straight fingers for the first time in years is my most enjoyable moment," he says.

**MEDICAL TRAINING:** NYU/Bellevue Hospital (orthopedic surgery residency); Massachusetts General Hospital (fellowship, hand, upper extremity surgery and microsurgery).

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