

# CENTRAL JERSEY HAND SURGERY



**780 Route 37 West, Suite 140  
Toms River, NJ  
Phone: (732) 286-9000**

## **Directions**

### **From the West, heading East**

Take Rt. 195 East toward Six Flags/Shore Points. Take Exit 35A and merge onto NJ Rt. 34 South. Merge on to Garden State Parkway South (0.4 mi). Take the Garden State Parkway to Exit 82A (Route 37 West) (15.4 mi). Go through 3 lights, then make a right into our parking lot right after ALDI. It is a new 3 story building, 780. It is red brick on the bottom and beige on top. If you come to Mule Rd, you went too far.

### **From the North, heading South (via NJ Turnpike)**

Take the NJ Turnpike to Exit 11 and get on the Garden State Parkway South. Take the Garden State Parkway to Exit 82A (Route 37 West). Go through 3 lights, then make a right into our parking lot right after ALDI. It is a new 3 story building, 780. It is red brick on the bottom and beige on top. If you come to Mule Rd, you went too far.

### **From the North, heading South (via Garden State Parkway)**

Take the Garden State Parkway to Exit 82A (Route 37 West). Go through 3 lights, then make a right into our parking lot right after ALDI. It is a new 3 story building, 780. It is red brick on the bottom and beige on top. If you come to Mule Rd, you went too far.

### **From the South, heading North (via Garden State Parkway)**

Garden State Parkway Exit 82A (Route 37 West). Go through 3 lights, then make a right into our parking lot right after ALDI. It is a new 3 story building, 780. It is red brick on the bottom and beige on top. If you come to Mule Rd, you went too far.